

Mental Health Resources

Benton County Human Services

531 Dewey Street, Box 740
Foley, MN 56329
320-968-5087

Central Minnesota Mental Health Center

1321 13th St. N.
St. Cloud, MN 55362
320-252-5010

730 Dodge Ave. #101
Elk River, MN 55330
763-441-3770

308 12th Ave. S.
Buffalo, MN 55313
763-682-4400

407 Washington St.
Monticello, MN 55362
763-295-4001

Sherburne County Social Services

13380 Hwy 10
Elk River, MN 55330
763-241-2600

STARS for Children's Mental Health

System Transformation of Area Resources & Services

407 Washington St.
Monticello, MN 55362
763-271-5322 or 877-333-0083

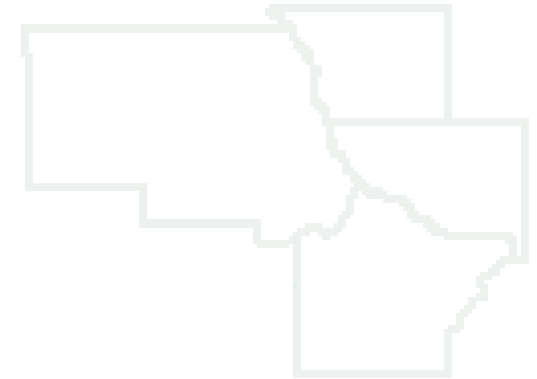
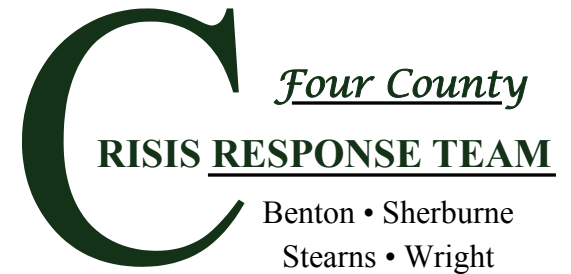
Stearns County Human Services

705 Courthouse Square
St. Cloud, MN 56303
320-656-6000

Wright County Human Services

1004 Commercial Dr.
Buffalo, MN 55313
763-682-7400

**Four County Crisis Response Team
1321 13th Street North
St. Cloud, MN 56303**



***Providing community-based,
immediate, medically necessary, cost-
effective crisis services to children and
adults experiencing an acute mental
health crisis.***

Crisis Services

The Four County Crisis Response Team monitors the Mental Health Crisis Line. This line provides callers with needs assessments and referrals to appropriate resources. If medically necessary, the Crisis Response Team assists individuals by traveling to their location to provide face-to-face intervention and assessment.

Crisis services are available for adults and children in Benton, Sherburne, Stearns and Wright counties.

Mental Health Crisis Line

Available 24 hours a day

1-800-635-8008 or **320-253-5555**

Crisis Response Team

Available 7 days a week
(Including holidays)

2 p.m. - 11:30 p.m.

Crisis Line

What to do when you need help with a mental health crisis. The crisis line helps callers:

- Assess and stabilize the situation
- Determine the next step
- Get connected with formal and/or informal resources and supports

The crisis line can also provide callers referrals to:

- A mental health provider
- Community agencies
- The Crisis Response Team

Information

If you would like more information or you are interested in having a representative from our team present at your agency, please contact us at:

320-257-6088

8 a.m. - 11:30 p.m., 7 days a week

Fax: 320-257-6053

Crisis Response Team

Sometimes you need help immediately. If medically necessary, the Crisis Response Team will travel to the individual's location to provide face-to-face intervention and help the individual in crisis "cope with immediate stressors, identify and utilize available resources and strengths, and begin to return to the recipient's baseline level of functioning¹."

Services may include:

- Face-to-face intervention & assessment
- Crisis stabilization
- Crisis prevention planning
- Referrals
- Follow-up services

Children/adolescents may be eligible for services from a STARS Care Coordinator. If parents/caregivers give consent, a Care Coordinator will make a follow-up phone call to the family. If eligible, families will receive care coordination services to help them navigate the children's mental health system.

This service has been developed under Minnesota State Statute 2003, 256B.0624 and 2005, 256B.0944. It is a collaborative project between Benton County, Central Minnesota Mental Health Center, CommUNITY Project, Sherburne County, STARS for Children's Mental Health, Stearns County, Wright County and State Operated Services.